



Think:

How do heroes believe in themselves?

Think of a time when you had to believe in yourself to do something.

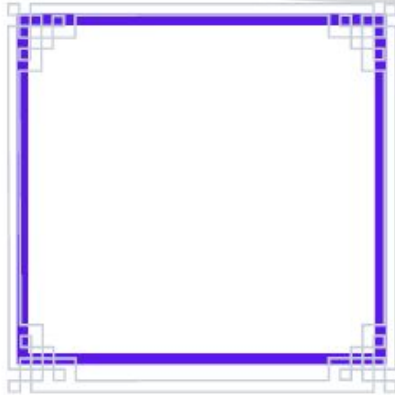
Think about a hero who stood up for what was right.

Do:

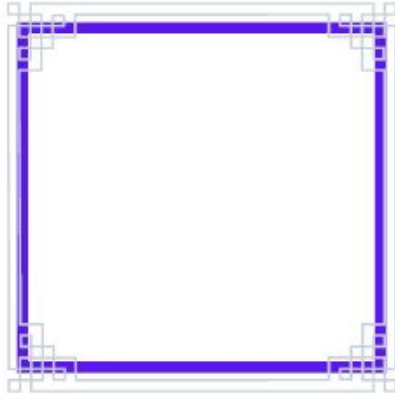
Make a list of things you can do when you are in a bad mood.

Name _____

DRAW A PICTURE OF YOU



**This is me
dressed up
as one of
my heroes.**



**This is the
hero I will
become in 20
years.**

HERO

