

Spotlight on a Few Components of the EJ Comprehensive Counseling Program

Core Curriculum Classroom Lessons

These classroom lessons adhere to the American School Counseling Association (ASCA) national standards for students

(<https://www.schoolcounselor.org/asca/media/asca/home/MindsetsBehaviors.pdf>).

Lessons address academic, career, and personal/social domains and are taught a minimum of once a month.

Lunch Bunch

Students in first, second, third, fourth, and fifth grades may be invited to eat lunch with the counselor in a small group. The goal is for each student to come once a semester. The purpose of lunch bunch is for students to work on two ASCA standards in a fun and informal setting. Standards worked on during lunch bunch include: B-SS 3: Create relationships with adults that support success and B-SS 1: Use effective oral and written communication skills and listening skills. Please click on the link if you prefer that your child not participate in lunch

bunch(https://forms.office.com/Pages/ResponsePage.aspx?id=mLHcDGmBcEu6n9p-O6cAwhGGd-Iy6ZpPIk7Q_7Ak9FpUMDcySERJMFVQSTFYRUyxRzVEUUZLWjRVNS4u).

Small Group Counseling Groups

Small groups will be offered throughout the year. Student participation will be based on needs of students and parent will be sent a permission form. Groups might cover such topics as academic success, impulse control, friendship, resilience, self-control, and self-regulation.

Consultation

Parents may schedule consultation sessions to discuss any concerns about their child with the counselor.

